

CURRICULUM VITAE

Rubina Filipa Ascensão Alves, MD, PhD



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1. Personal Data

Name: Rubina Filipa Ascensão Alves

Nationality: Portuguese

Nº Ordem Médicos (Portugal): 43070

Nº Colegiado COMB (Spain): 47952

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2. Education and Training

2.1. DOCTOR OF MEDICINE. Faculdade de Medicina da Universidade do Porto. Porto. PORTUGAL. (1997-2003)

2.2. Rotation in the Service of **Vascular Surgery**, University Hospital of Vall d'Hebron. Barcelona. SPAIN. (2003)

2.3. Rotation in **Laser and Hair Transplant**, with Dr. Alex Camps Fresneda, in the Service of Dermatology of Centro Medico Teknon. Barcelona. SPAIN. (March-April 2008)

2.4. Rotation in **Dermatology Surgery**, with Dr. Pedro Jaen. Service of Dermatology, Hospital Ramón y Cajal. Madrid. SPAIN. (May-June 2009)

2.5. Rotation in **Melanoma and Dermoscopy**. Melanoma Unity, Service of Dermatology of Hospital Clinic. Barcelona. SPAIN. (March - July 2010)

2.6. SPECIALIST IN DERMATOLOGY AND VENEREOLOGY. PORTUGAL. (2011)

2.7. DIPLOMATURA POSTGRADO of “**Medicina del Envejecimiento**”, Universitat Autònoma de Barcelona. Barcelona. SPAIN. **TESIS:** Skin Aging. (2011)

2.8. DIPLOMATURA POSTGRADO of “Bases Clinicas y Cirugía Cosmética”, Universitat Autònoma de Barcelona. Barcelona. SPAIN. (2012)

2.9. Rotation in **Plastic Surgery** with Dr. Vila Rovira. Institut Vila-Rovira: Cirugía Plástica y Estética. Centro Medico Teknon. Barcelona. SPAIN. (2012-2013)

2.10. Rotation in **Cosmetic Medicine** with Dra Lourdes Aloy. Institut Vila-Rovira: Cirugía Plástica y Estética. Centro Medico Teknon. Barcelona. SPAIN. (2012-2013).

2.11. Rotation in **Laser treatments and Plastic Surgery** with Dr. Mario Trelles. Institut Vilafortuny. Cambrils. SPAIN. (2012-2013).

2.12. DOCTORADO of “A Prospective Double Blind, Placebo Controlled Study to Assess the Efficacy of **Platelet-Rich Plasma on the Treatment of Androgenetic Alopecia**”, Universitat Internacional Catalunya. Barcelona. SPAIN. (2013-2017)

2.13. Coordination and Professor of: Máster Internacional en Tricología y Transplante capilar. Hospital Universitario Ramón y Cajal. Madrid. SPAIN. (2016-Present).

3. Work Experience

3.1. Centro Medico Diagnosis Dermatologica (Dermoscopy). Barcelona. SPAIN. (2010).

3.2. Centre Mèdic Salus XXI. Terrassa. SPAIN. (2012-2013)

3.3. Centre Mèdic Salus XXI. Sabadell. SPAIN. (2012-2014)

3.4. Service of Dermatology. Hospital Central do Funchal. PORTUGAL (2004 - Present).

3.5. Regederma, Dermatologia Regenerativa e Laserterapia (Present)

4. Relevant Oral Scientific Presentations

- 4.1. *"Melanoma: Estudo retrospectivo de 7 anos (1998-2004), Hospital Central do Funchal"*. XXXIII Jornadas Médicas de las Islas Atlánticas. Santa Cruz de Tenerife. SPAIN. 26-29 November 2006.
- 4.2. *"Elastólise da derme papilar pseudoxantoma elástico-like: caso clínico"*. Reunião da Sociedade Portuguesa Dermatologia e Venereologia. Viseu. PORTUGAL. 11-12 April 2008.
- 4.3. *"Eruptive xanthomas"*. 5th EADV Spring Symposium. Istanbul. TURQUIA. 22-25 Maio de 2008.
- 4.4. *"Paracoccidioidomycosis"*. 17th EADV Congress. Paris. FRANCE. 16-20 September 2008.
- 4.5. *"Tumores del pabellón auricular y cirugía micrográfica de mohs-revisión de 25 años (1980-2003) del CDMC"*. XXI Reunión del grupo español de Dermatología Quirúrgica, Láser y Oncología cutánea de la A.E.D.V. Barcelona. SPAIN. 24-25 October 2008.
- 4.6. *"Acne"*. I Fórum Dermatologia do Funchal. Funchal. PORTUGAL. 14th March 2009.
- 4.7. *"A Collision Tumor Involving Basal Cell carcinoma and Atypical Fibroxanthoma"*. X International Congress of Dermatology. Praga. CZECH REPUBLIC. 20-24 May 2009.
- 4.8. *"Xantogranuloma necrobiótico asociado a mieloma múltiple"*. AEDV 09 - 37 Congreso Nacional de Dermatología y Venereología. Madrid. SPAIN. 17-20 June 2009.
- 4.9. *"Atypical Vascular Lesion of the Breast"*. 18th Congress of European Academy of Dermatology and Venereology. Berlin. GERMANY. 7-11 October 2009.
- 4.10. *"Leucemia Mielóide Aguda Aleucémica"*. II Encuentro Internacional de médicos residentes em Dermatología. Coruña. SPAIN. 29-31 October 2009.

- 4.11.** *“Lymphangioma circumscriptum of the penis: a case report”*. 7th EADV Spring Symposium. Cavtat. CROATIA. 13-16 May 2010.
- 4.12.** *“Manifestaciones ungueales de enfermedades sistémicas”*. XVI Grupo Español de Tricología. Madrid. SPAIN. 24-25 October 2014.
- 4.13.** *“Taller de PRP en tricología”*. AEDV 2015 - 43 Congreso Nacional de Dermatología y Venereología. Sevilla. SPAIN. 13-16 May 2015.
- 4.14.** *“Novedades en patología ungueal”*. Manifestaciones ungueales de enfermedades sistémicas”. XVII Grupo Español de Tricología. Sevilla. SPAIN. 24-25 October 2015.
- 4.15.** *“PRP in Androgenetic Alopecia”*. Innovations dans l’Alopecie. Marseille. FRANCE. 31-October 2015.
- 4.16.** Professor of: I Máster Internacional en Tricología y Transplante capilar. Hospital Universitario Ramón y Cajal. Madrid. SPAIN. February 2016-January 2017.
- 4.17.** *“ Por qué funciona el PRP en Alopecia, indicaciones y técnica”*. Curso PRP: Piel y Alopecia. Barcelona. SPAIN: 8 April 2016.
- 4.18.** *“PRP and Alopecia: a randomized clinical trial”*. Developments and perspectives in regenerative Medicine. XXVIII SOFCEP Congress. Bordeaux. FRANCE. 12-14 May 2016.
- 4.19.** *“Platelet-rich plasma”*. Face2Face Congress. Cannes. FRANCE. 9-10 September 2016.
- 4.20.** Moderator of Session: Dermatology and Alopecia. V ISPRES Congress. Marseille. FRANCE 6-9 October 2016.
- 4.21.** *“Androgenetic Alopecia”* . V ISPRES Congress. Marseille. FRANCE 6-9 October 2016.
- 4.22.** *“Emerging treatment in Alopecia”*. V ISPRES Congress. Marseille. FRANCE 6-9 October 2016.

4.23. Moderator of Session “Free Communications”. XVIII Grupo Español de Tricología. Malaga. SPAIN. 21-22 October 2016.

5. Publications

5.1. “Malignant Melanoma: Review of 7 years (1998-2004) at Hospital Central of Funchal”. Rubina Alves, Tiago Esteves, Jorge Marote, Carmo Caldeira, Pedro Costa Neves, Anabela Faria. **Skin Cancer 2007; 22:181-89.**

5.2. “Sinais da pele: o que saber para melhor prevenir”. Rubina Alves, Jorge Marote. Jornal do Centro de Saúde, Maio de 2008. http://www.jornaldocentrodessaude.pt/Jornal_pdf/JCS41+mensageiro.pdf.

5.3. “Dermite de contacto das pálpebras - estudo retrospectivo de 10 anos (1999-2008)” Tiago Esteves, Rubina Alves, Anabela Faria. **Boletim Informativo – Grupo Português de Estudo das Dermites de Contacto - Trabalhos da Sociedade Portuguesa de Dermatologia e Venereologia 2010.**

5.4. “Experiência no estrangeiro”. Rubina Alves. **Trab Soc Port Dermatol Venereol 68 (3): 572-3 (2010).**

5.5. “Necrose Gorda do Recém-nascido”. Rubina Alves, Isabel Freitas, Isabel Santos, Ana Afonso, Jorge Cardoso. **Trab Soc Port Dermatol Venereol 69 (1): 103-105 (2011).**

5.6. “Biópsia Cutânea: onde, quando, como?” Rubina Alves, Isabel Viana, Esmeralda Vale. **Med Cutan Iber Lat Am 2011; 39(1):3-12.**

5.7. “Xantomias Eruptivos como 1ª manifestação de Patologia Sistémica”. Rubina Alves, Anabela Faria, Tiago Esteves, Jorge Marote, Isabel Viana, Esmeralda Vale. **Piel 2009;24(5):243-6.**

- 5.8. *“Basal Cell Carcinoma and Atypical Fibroxanthoma: an unusual Collision Tumor”*. Rubina Alves, Juan Ocaña, Esmeralda Vale, Susete Correia, Isabel Viana, Olívia Bordalo. **J Am Acad Dermatol (JAAD) Sep 2010 e74-76.**
- 5.9. *“Pseudoxanthoma Elasticum Papillary Dermal Elastolysis: A Case Report”*. Rubina Alves, Lurdes Ferreira, Esmeralda Vale, Olívia Bordalo. **Dermatology Research and Practice Volume 2010, Article ID 352724.**
- 5.10. *“Alopecia Areata y Síndrome de Down”*. Rubina Alves, Juan Ferrando. **Rev Med Int Sind Down. 2011; 15(3):35-37.**
- 5.11. *“Placas bilaterales en los párpados”*. Rubina Alves, Tiago Esteves, Rui Themido, Isabel Viana, Esmeralda Vale, Olívia Bordalo. **Piel 2010; 25 (04):162-65.**
- 5.12. *“Linfangioma circunscrito del pene: caso clínico”*. Rubina Alves, Cândida Fernandes, Paulo Lamarão, Ana Afonso, Ana Rodrigues, Jorge Cardoso. **Med Cutan Iber Lat Am 2010; 38 (6): 253-254.**
- 5.13. *“Leucemia Mielóide Aguda Aleucémica”*. Rubina Alves, Jorge Marote, Bárbara Pereira, Filipa Capelinha, Isabel Viana, Anabela Faria. **Med Cutan Iber Lat Am 2011; 39(2): 80-81.**
- 5.14. *“Lúpus Miliaris Disseminatus Faciei: A case report”*. Tiago Esteves, Anabela Faria, Rubina Alves, Jorge Marote, Isabel Viana, Esmeralda Vale. **Dermatology Online Journal 16 (5): 10 May 2010.**
- 5.15. *“Paraccoccidioidomycose”*. Rubina Alves, Jorge Marote, C. Freitas, Luís S. Almeida, H. Sequeira, M.A.Gomes, Cristina Veríssimo, M. Laura Rosado, Anabela Faria. **Med Cutan Iber Lat Am 2011.**
- 5.16. *“Photodynamic therapy in skin and aesthetics: procedure, materials and method based on our experience”*. Mordon S., Martínez-Carpio P.A., Vélez M., Alves R., Trelles M.A.. **Cir. plást. iberolatinoam. 2012, vol.38, n.3, pp. 287-295.**

5.17. "Effectiveness of ultrasound-guided percutaneous electrolysis intratendon (epi) in the treatment of insertional patellar tendinopathy in soccer players". J M Sanchez-Ibanez, R Alves, F Polidori, F valera, F Minaya, S Valles-Marti, **Br J Sports Med** 2013;47:e2.

5.18. "Factores intrínsecos y extrínsecos implicados en el envejecimiento cutáneo *Intrinsic and extrinsic factors related to cutaneous aging*". Alves, R., Castro Esteves, T., Trelles, M.A. **Cir. plast. iberolatinoam. Vol. 39 - No 1 de 2013**

5.19. "Randomized Placebo-Controlled, Double-Blind, Half-Head Study to Assess the Efficacy of Platelet-Rich Plasma on the Treatment of Androgenetic Alopecia.". Alves R, Grimalt R. *Dermatol Surg.* 2016 Apr;42(4):491-7.

5.20. Alves R, Ocaña J, Vale E, Viana I. Commentary to the Article "A Rare Collision in Dermatopathology: Basal Cell Carcinoma and Atypical Fibroxanthoma". *Am J Dermatopathol.* 2017 Feb 2.

5.21. Alves R, Grimalt R. "Platelet-rich plasma in combination with 5% minoxidil topical solution and 1 mg oral finasteride for the treatment of androgenetic alopecia: a randomized placebo controlled, double-blind, half-head study". **Dermatol Surg.** 2017; **In Press.**

5.22. Alves R, Grimalt R. "Letter to the Editor: "Double-Blind, Placebo-Controlled Pilot Study on the Use of Platelet-Rich Plasma in Women With Female Androgenetic Alopecia". **Dermatol Surg.** 2017; **In Press.**

6. Chapters of Books

6.1. Alves R, Grimalt R. "Hair Loss in Children". In *Alopecias - Practical Evaluation and Management: Current Problems in Dermatology, Vol. 47.2015* Edit.: Ioannides D., Tosti A. (Miami).

6.2. Alves R, Grimalt R. “*Androgenetic Alopecia in Adolescents*”. In: Oranje AP, Al-Mutairi N, Shwayder T (Eds.). **Practical Pediatric Dermatology, Controversies in Diagnosis and Treatment**. Switzerland: Springer; 2016.p.187-196.

6.3. Alves R. “*PRP in Alopecia*”. In: Alves R, Grimalt R. (Eds). **Clinical indications and treatment protocols with Platelet-rich plasma in Dermatology**. Barcelona: Ediciones Mayo; 2016. p. 29-44.

7. Book

7.1. Alves R, Grimalt R (Eds). **Clinical indications and treatment protocols with Platelet-rich plasma in Dermatology**. 2016. Barcelona: Ediciones Mayo; 2016.

8. Participation in Clinical Trials, Hospital Clinic Barcelona

8.1. Evaluation of Chrysalides (white-streaks) in skin tumors: a multicenter study”.

8.2. Impact of digital dermoscopy in the follow-up of patients with high-risk for Melanoma”.

8.3. Follow-up of patients integrated in clinical trials’ protocols, medicated with ipilimumab (IgG1), for Metastatic Melanoma Treatment.

8.4. Randomized Placebo-Controlled, Double-Blind, Half-Head Study to Assess the Efficacy of Platelet-Rich Plasma on the Treatment of Androgenetic Alopecia. Registration in Clinical Trials, identify Number: NCT02393040. (<https://clinicaltrials.gov/ct2/show/NCT02393040>).

9. Scientific Societies Membership

9.1. Sociedade Portuguesa de Dermatologia e Venereologia (SPDV)

9.2. Academia Española de Dermatología y Venereología (AEDV)

9.3. International Dermoscopy Society (IDS)

9.4. Colégio Iberolatinoamericano de Dermatología (CILAD)

9.5. Grupo Espanhol de Tricología (GET)

10. Reviewer of Scientific Journals

10.1. Journal of the American Academy of Dermatology (JAAD)

10.2. J Archives of Dermatology (JAMA)

10.3. Journal Dermatology Case Reports (JDCR/ JAAD)

10.4. International Journal of Dermatology (IJD)

10.5. Medicina Cutánea Iberolatino Americana

10.6. F1000Prime (F1000): Associate Faculty Member: recommend the scientific literature in Hair Diseases

10.7. Member of Editorial Board: Clinical Research in Dermatology: Open Access

11. Personal Skills and Competences

11.1. Languages

11.1.1. Portuguese (Maternal Tongue)

11.1.2. Spanish (Proficient User: C2)

11.1.3. English (Proficient User: C1)

11.1.4. Catalan (Basic User: A2)

11.2. Computer Skills

11.2.1. Microsoft Office

11.2.2. iWork